

ABAN Newsletter: Year 23, Volume ECM 12, Issue No. 9, April - June 2022

Guest Talk Program

Learning to Live Sustainably: Dr. Mahesh Pant



Dr. Mahesh Pant was the guest speaker in ABAN on 15th April 2022, when he spoke on **'Learning to Live Sustainably: Reflecting on a community gardening project he developed in Norwich, UK'**. He earned his Ph.D. degree in the UK with a thesis on applying Sen's capability approach in studying the nature and extent of poverty in East Nepal.



Association of British Alumni in Nepal (ABAN) is a not-for-profit social organization, registered with District Administration office on February 04, 1998 and is affiliated with the British Council. It promoted the interest of the British alumni in Nepal and supports them to contribute to national development. ABAN also works for cultural and educational exchange between Nepal and Britain.

Invitation

The Association of British Alumni in Nepal (ABAN) cordially invites you to the **TALK PROGRAMME** ON **'Learning to live sustainably: Reflecting on a community gardening project in Norwich, UK'**

By: **Dr. Mahesh Pant**
Founder- Sustainable Living Initiative

Dr. Pant is the founder of Sustainable Living Initiative - a registered charity in the UK. He is experienced in social research and community development and has worked in Nepal and the UK. His PhD thesis applied Sen's capability approach in studying the nature and extent of poverty in East Nepal.

*Awaiting your presence eagerly at the Programme!
See you there!*

Date: Friday, 15th April 2022 (8:00 am - 2:00 pm)
Time: 2:00 PM Sharp
Venue: Universal Language & Computer Institute ☎015970036

ORGANIZED BY **ABAN** ASSOCIATION OF BRITISH ALUMNI IN NEPAL

Introducing Dr. Mahesh Pant

Dr. Mahesh Pant is the Founder of Sustainable Living Initiative – a registered charity in the U.K. He is experienced in social research and community development and has worked in Nepal and the U.K.

Dr. Pant came to Kathmandu for higher study in 1975. Later he worked in UK Aid projects in East Nepal during 1979-1985, and went to UK in 1986 for post graduate study. Then he came back to Nepal and worked in various international organizations during 1987-1990. He set up a charity and worked with "Dalits" in Parbat district, western Nepal during 1990-93. Dr. Pant went to the UK again in 1993 for PhD study in Development Studies and stayed there for the past 27 years.



Guest Talk Program

Start of Grow-Our-Own (GO²), an allotment Project, in Norwich in 2004

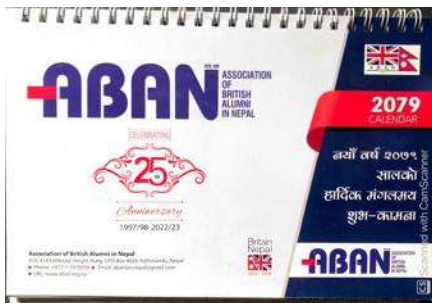
Objective - promoting sustainable living by:

- Growing food organically
- Maintaining bio-diversity
- Promoting a sense of community (by sharing skills, tools, seeds, plants, food and friendship)
- 3Rs- Reducing, reusing and recycling

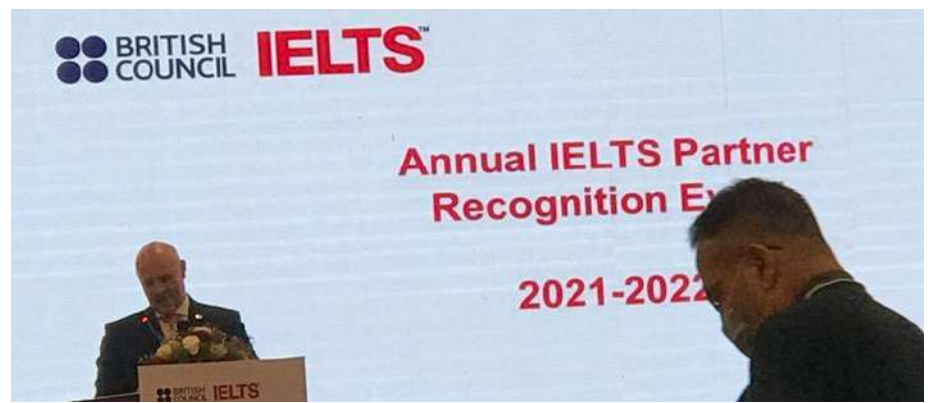
Reflections

- South – North development initiative
- Important role of culture in development
- Impact of modernisation
- Changing people’s behaviour – the most difficult part in development
- Importance of imparting our children with basic skills needed for survival

ABAN CALENDAR 2079



ABAN President Mr. Uttam Pant displayed the newly printed ABAN Calendar for Bikram Sambat 2079. ECM Members deeply appreciated it and showed their satisfaction with the features that were included in the calendar, such as, day and dates in BS, AD, Solar and Lunar versions, mention of all kind of leaves and festivals that would occur throughout the year in Nepal, inclusion of next month’s calendar in miniature form, space for notes in each page. Introduction of ABAN and its Executive Members, UK Visa related information were other added useful features. The Calendar was distributed among ABAN members and present in the meeting and others.



The British Council Nepal organized an Annual IELTS Partner Recognition Event on June 08 in the Everest Hotel Kathmandu, where all the IELTS Partners of the British Council from around the country were present, listening to the presentations made by the Director of Exam and collecting award and recognitions for their high contributions in enrolling students for IELTS exams conducted by the Council.

Three members from ABAN, namely president Mr. Uttam Pant, Secretary Ms. Shiba Devi Kafle and immediate part president Mr. Maheswor Bhakta Shrestha were present on the occasion.

Ms. Suchita Shrestha, Communication Chief explained the purpose of the British Council is to build connections, understanding and trust between people in the UK and other countries Arts and Culture, Education, Youth and Skills; and English language.

Ms. Nishitha Rajbhandary of the British College talked about the Future of Higher Education in the UK, focused on the Equality, Diversity and Inclusion. The aim is to create a safe environment in which no child or adult will experience harm or exploitation during their contact.





Commit to Plant More Trees:

In collaboration with Story Cycle and Department of Forest and Soil Conservation, we have developed a guide for effective plantation in urban areas. Access the guide and contribute to the tree plantation drive.



ABAN Activity Report 2021-2022

Month of 2021	Activity Details
January 02	23 rd Annual General Meeting and Election of 12 th Executive Committee
January 08	1 st Introductory Executive Committee Meeting
January 16	2 nd Executive Committee Meeting for Sub Committee formation
January 24	3 rd Executive Committee Meeting for ABAN Day Preparation
February 04	ABAN Day Celebration
February 13	4 th Executive Committee Meeting to prepare for meeting with British Council
February 17	Online meeting with the British Council Country Director Ms. Shahida
March 05	5 th Executive Committee Meeting of ABAN
March 17	6 th Executive Committee Meeting of ABAN
March 25	7 th Executive Committee Meeting of ABAN
March 27	Family Picnic at Shivapuri National Park (Postponed due to Covid-19)
April 02	Talk program on Science & Technology by Prof. Dr. Jiba Raj Pokhrel
April 17	8 th Executive Committee Meeting. Condolence message to British Embassy
May 17	9 th Executive Committee Meeting
June 16	10 th Executive Committee Meeting
June 20	Talk program on Enhancing Emotional Health And Spiritual Wellbeing
June 22 – 28	7 Days Yoga & Wellness Program by Er. Karuna Amatya of Jeevan Vigyan
June 26	Talk program by Dr. Dipak Malla on Diabetics
July 06	Health Camp & Yoga Review on YouTube
August 14	Medical support to Children Care Club, Budhanilkantha, Kathmandu
October 08	12 th ECM Meet: Exchange of Dassian Greetings
Nov. 08	13 th ECM: Preparatory for BC Meet
Nov. 11	Meeting with British Council Country Director
December 22	14 th ECM AGM preparations
January 09	15 th ECM for AGM preparations
Feb. 27	16 th ECM for AGM preparations
March 26	24 th Annual General Meeting and Family Picnic
April 15	Guest Dr. Mahesh Pant talk on Learning to Live Sustainably
May 22	UK Education fair postponed to October 2022
June 08	The British Council Annual IELTS Partner Recognition Event

The British Council



WHO Can Join ABAN?

Person having studied in the UK for 12 weeks or more is eligible for membership of ABAN by application together with educational certificate, ID photo and fee. It is never too late to be part of this growing organization.

New Life Members

Joining ABAN from January 2021

- Ms. Sunita Basnet (ID 541) on Jan 24, 2021
- Dr. Sudha Shrestha (ID 86) on Jan.24, 2021
- Mr. Satyendra Khadgi (ID 542) on Feb. 2021
- Mr. Lusan Nakarmi (ID 543) on March 5, 2021
- Dr. Ramesh Khadka (ID 544) on March 7, 2022
- Mr. Dasarath Moktan (ID 545) on March 26, 2022
- Mr. Purushottam P. Khatiwada (ID 546)
- Mr. Prem Sambyu (ID 547) on March 26, 2022
- Mr. Purna Bahadur Chemjong (ID 548)
- Mr. Prem Raj Neupane (ID 549)
- Mr. Kul Chandra Dahal (ID550) March 26, 2022
- Dr. Sita Ram Basnet (ID 551) on March 26, 2022
- Mr. Prem Kumar Ale (ID 552) on March 26, 2022
- Mr. Ashok Shahi (ID 553) on March 26, 2022
- Mr. Babu Ram Gurung (ID 554) March 26, 2022
- Mr. Navin Hada (ID 555) on March 26, 2022.

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