

ABAN Newsletter: Year 21, Volume ECM 12, Issue No. 8, January- March 2022

## ABAN celebrates 24<sup>th</sup> AGM and Family Picnic



24<sup>th</sup> Annual General Meeting of ABAN was held on 26<sup>th</sup> March 2022 at Green Valley Resort, Shivapuri National Park. ABAN President Mr. Uttam Prasad Pant called the meeting to order and Vice President Ms. Padma Vaidya welcomed the participants and guests. General Secretary Ms. Shiba Devi Kafle summarized the activities performed by the 12<sup>th</sup> Executive Committee during the year 2021/22 in the following lines:

1. **18 Executive meetings** were held during the year (including 8 in virtual mode),
2. **23rd ABAN Day Celebration** was done on 4th February 2021,
3. **Meetings with British Council** on 17 February 2021, and again on 11 November with Country Director Ms. Shahida Dougall and Ms. Suchita Shrestha
2. Three **Talk Programs** were conducted on: 'Role of Youth in Science, Technology and Innovation in Nepal' by ABAN Life Member Dr. Jiba Raj Pokharel on 2<sup>nd</sup> April, 2021 virtually, 'Enhancing Emotional Health and Spiritual Well-Being' by Mr. LP Bhanu Sharma, Life Coach of Jeevan Vigyan Foundation, Nepal on June 20, 2021 virtually, 'Diabetes Mellitus : An Overview' by Dr. Dipak Malla, Assistant Professor, National Academy of Medical Sciences, on 26th June 2021 virtually
3. 7 days **Yoga and Wellness Program** by Er. Karuna Amatya, Instructor, Jeevan Vigyan Foundation, Nepal, during 22-28 June 2021 virtually
4. **Medical support** to Children Care Club, Pasikot, Budhanilkantha, Kathmandu on August 14, 2021 (36 medical equipment and supplies), stationaries and fruits in January 2022 and electric kettle to Tapasthali Briddhashram.
5. **Publications:** ABAN News Letters regularly, ABAN Diary 2020-21. ECM Member's Profile in 2021-22, ABAN Information Leaflet, and updated ABAN website. Magazine will be published in 2022-23 to celebrate 25<sup>th</sup> Silver Jubilee of ABAN.
6. **Video programs** have been prepared and released on YouTube covering the story of ABAN Past Presidents, Life Members and Guests as below:



Association of British Alumni in Nepal (ABAN) is a not-for-profit social

organization, registered with District Administration office on February 04, 1998 and is affiliated with the British Council. It promoted the interest of the British alumni in Nepal and supports them to contribute to national development.

ABAN also works for cultural and educational exchange between Nepal and Britain.

*Invitation*

**24<sup>TH</sup> AGM & PICNIC PROGRAM**

Meeting point:  
ULCI, Dillibazar  
Sharp  
@8:00AM

\*Transportation available

Let us fill our lives with beautiful memories...  
A Picnic is more than eating a meal, it is a pleasurable state of mind

**SATURDAY, MARCH 26, 2022**  
**@ GREEN VALLEY RESORT,  
SHIVAPURI NATIONAL PARK**

Contribution: NRs. 2500/Person  
NRs. 5000/Couple

PS: Breakfast/Lunch/Snacks will be served.

**Please contact for more details:**

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Maheshwor B. Shrestha - 9831094345	Hemanta Baral - 9843067142
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For online payment, please scan given QR code.

- Honorary Member Dr. Mrigendra Raj Pandey
- Past President Dr. Narayan Bahadur Thapa
- Past President Mr. Raghu Pant
- Past President Mr. Maheswor Bhakta Shrestha
- Life Member Dr. Badri Raj Pandey
- Guest speaker Dr. Ram Prasad Pokhrel
- Guest speaker Mr. Purushottam SJB Rana,
- Guest Speaker Dr. Min Bahadur Shrestha

7. **ABAN is registering students for IELTS Exam** by the British Council since April 11, 2019. ABAN registered 104 candidates for IELTS exam during 2020 and 17 so far in 2021/22. This activity has supported ABAN financially to some extent. Examinations of academic and professional programs were conducted locally on behalf of British Institutions.



8. **16 New Life Membership** joined ABAN during 2021-22 including one converted from Ordinary membership,

Past two years have been very challenging for ABAN as well to carry out its activities due to Covid-19 pandemic, she said.

9. **Treasurer's Report:** Treasurer Mr. Madhav Prasad Bhatta presented his report highlighting the main financial features of ABAN for FY 2077/78. Total income from membership fees, interest from bank deposits and donations was Rs.184,399 and administrative and general expenses of Rs.149,636. The surplus of income over expenditure was Rs.34,761. Cash and bank balance as of July 15, 2021 was Rs.1528,950.

As decided in the 17<sup>th</sup> meeting of the 12<sup>th</sup> Executive Committee, President Uttam Prasad Pant presented a proposal to the AGM recommending for the amendment of ABAN Statute in two areas, namely:

- A) Section 7: Membership will be revised as:
- a) Life Membership fee will be Rs. 5,000/- in keeping with the inflation in the two decades, and will be subsequently changed by the decision of the Executive Committee,
  - b) Ordinary membership and Registration fees will be deleted.

B) Section 12 a): The Annual General Meeting will form a 13 members Executive Committee by election for a term of **three** years.

In the open floor Life Members Dr. Nanstu Sharma and Dr. Sita Ram Basnet suggested SWOT analysis and specialty mapping of ABAN members. The Annual General Meeting approved by applaud the special proposal for the amendment of ABAN Statute as proposed by the President.

President Mr. Uttam Prasad Pant said that the past three years have been clouded by the impact of COVID around the world. In ABAN too, we had to remain vigilant in our activities and programs, keeping the safety and wellbeing of everyone. Life is returning to normal now, and we look forward to increasing our activity in the near future.

On this note, it has also been 24 years since the establishment of ABAN and the next year we will be celebrating our silver jubilee.

To celebrate the occasion, the president put forward new thoughts about what ABAN should do or can do for the ABAN members. He proposed the following for consideration:

1. Nepal – UK Bilateral Celebration Program 2022
2. ABAN Photo Exhibition for a personal perspective of wonderful nostalgic and varied experiences of our stay in the UK.
3. British Education Fair to promote British Education in Nepal, proposed on May 8, 2022. Five British universities and 3 international educational organizations interested to participate in the fair.
4. ABAN Special Fund to help ABAN members for Medical treatment and in emergency situation. Certain fixed amount can be made available in such situation based on severity.
5. Publish Silver Jubilee Magazine in 2022/23. For this, we can use photographs from the exhibition to cover 50 % of the content and the remaining 50% for articles and the memories related to the exhibition photographs from ABAN members.

ABAN president Mr. Uttam Prasad Pant also handed over a contribution of Rs.50,000/- to ABAN fund on the successful conclusion of the 24<sup>th</sup> AGM.



**Vote of thanks** was delivered by the immediate past president Mr. Maheswor Bhakta Shrestha. He highlighted the two endowment funds in ABAN contributed by Dr. Mrigendra Raj Pandey for service to senior citizens and by Dr. Mahodadi Pradhan Shrestha for health camps. He also appreciated the cash contribution by President Mr. Uttam Prasad Pant and called upon others for such contributions to strengthen ABAN. He remembered the financial turnaround of ABAN since 2015/16 with such endowment funds contributed by members including himself at different times. He expressed happiness in the continuing growth of ABAN Life Membership, now reaching to 378 mark.

IPP Maheswor expressed thanks on behalf of ABAN to all the members present in the AGM and special thanks to president Mr. Uttam Pant and his team

After vote of thanks, the 24<sup>th</sup> AGM was adjourned and was followed by a very jubilant Family Picnic with melodious music and resounding dance sequences by the members to enjoy the moment.





## WHO Can Join ABAN?

Person having studied in the UK for 12 weeks or more is eligible for membership of ABAN by application together with educational certificate, ID photo and fee. It is never too late to be part of this growing organization.

## New Life Members

### Joining ABAN from January 2021

1. Ms. Sunita Basnet (ID 541) on Jan 24, 2021
2. Dr. Sudha Shrestha (ID 86) on Jan.24, 2021
3. Mr. Satyendra Khadgi (ID 542) on Feb. 2021
4. Mr. Lusan Nakarmi (ID 543) on March 5, 2021
5. Dr. Ramesh Khadka (ID 544) on March 7, 2022
6. Mr. Dasarath Moktan (ID 545)
7. Mr. Purushottam P. Khatiwada (ID 546)
8. Mr. Prem Sambyu (ID 547)
9. Mr. Purna Bahadur Chemjong (ID 548)
10. Mr. Prem Raj Neupane (ID 549)
11. Mr. Kul Chandra Dahal (ID550)
12. Dr. Sita Ram Basnet (ID 551)
13. Mr. Prem Kumar Ale (ID 552)
14. Mr. Ashok Shahi (ID 553 )
15. Mr. Babu Ram Gurung (ID 554)
16. Mr. Navin Hada (ID 555)

#### Membership Sub-Committee Chair:

Mr. Gobinda Neupane, Mobile: 9851014640  
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#### General Secretary:

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Published by

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*Invitation*

The Association of British Alumni in Nepal (ABAN)  
cordially invites you to the

**TALK PROGRAMME**

ON

**'Learning to live sustainably: Reflecting on a community gardening project in Norwich, UK'**

By:

**Dr. Mahesh Pant**  
Founder- Sustainable Living Initiative

Dr. Pant is the founder of Sustainable Living Initiative - a registered charity in the UK. He is experienced in social research and community development and has worked in Nepal and the UK. His PhD thesis applied Sen's capability approach in studying the nature and extent of poverty in East Nepal.

*Awaiting your presence eagerly at the Programme!  
See you there!*

**Date:** Friday, 15th April 2022 (बिसास २, २०७८)  
**Time:** 2:00 PM Sharp  
**Venue:** Universal Language & Computer Institute ☎015970036

ORGANIZED BY:

**ABAN** ASSOCIATION OF BRITISH ALUMNI IN NEPAL

## Talk Program on Learning to Live Sustainably

By Dr. Mahesh Pant, founder of Sustainable Initiative on Learning to Live Sustainability: Reflecting on a community gardening project in Norwich, UK on Friday April 15, 2022 at ULCI, Dillibazar Height, Kathmandu.

Please join in this important talk program.



## ABAN Activity Report 2021-2022

Month of 2021	Activity Details
January 02	23 <sup>rd</sup> Annual General Meeting and Election of 12 <sup>th</sup> Executive Committee
January 08	1 <sup>st</sup> Introductory Executive Committee Meeting
January 16	2 <sup>nd</sup> Executive Committee Meeting for Sub Committee formation
January 24	3 <sup>rd</sup> Executive Committee Meeting for ABAN Day Preparation
February 04	ABAN Day Celebration
February 13	4 <sup>th</sup> Executive Committee Meeting to prepare for meeting with British Council
February 17	Online meeting with the British Council Country Director Ms. Shahida
March 05	5 <sup>th</sup> Executive Committee Meeting of ABAN
March 17	6 <sup>th</sup> Executive Committee Meeting of ABAN
March 25	7 <sup>th</sup> Executive Committee Meeting of ABAN
March 27	Family Picnic at Shivapuri National Park (Postponed due to Covid-19)
April 02	Talk program on Science & Technology by Prof. Dr. Jiba Raj Pokhrel
April 17	8 <sup>th</sup> Executive Committee Meeting. Condolence message to British Embassy
May 17	9 <sup>th</sup> Executive Committee Meeting
June 16	10 <sup>th</sup> Executive Committee Meeting
June 20	Talk program on Enhancing Emotional Health And Spiritual Wellbeing
June 22 – 28	7 Days Yoga & Wellness Program by Er. Karuna Amatya of Jeevan Vigyan
June 26	Talk program by Dr. Dipak Malla on Diabetics
July 06	Health Camp & Yoga Review on YouTube
August 14	Medical support to Children Care Club, Budhanilkantha, Kathmandu
October 08	12 <sup>th</sup> ECM Meet: Exchange of Dassian Greetings
Nov. 08	13 <sup>th</sup> ECM: Preparatory for BC Meet
Nov. 11	Meeting with British Council Country Director
December 22	14 <sup>th</sup> ECM AGM preparations
January 09	15 <sup>th</sup> ECM fo rAGM preparations
Feb. 27	16 <sup>th</sup> ECM for AGM preparations
March 26	24 <sup>th</sup> Annual General Meeting and Family Picnic