

ABAN Serves Senior Citizens of Nishahaya Sewa Sadan, Baneshwor



Association of British Alumni in Nepal (ABAN) is a not-for-profit social organization affiliated with the British Council, active for the welfare of the Nepalese, who studied in UK and pursue an interest in the socio-economic development of Nepal. ABAN also works for the cultural and educational exchange between Nepal and Britain.

Association of British Alumni in Nepal- ABAN executive members visited the Center for Service to the Helpless (Nishahaya Sewa Sadan) at Baneshwor on December 26, 2015 and handed over foodstuffs and 25 different types of medicine, as listed by the Center. This is as part of the Association's regular service to the senior citizens in the wake of the cold season that trouble them most.

ABAN president Maheswor Bhakta Shrestha and other executive members present on the occasion handed over the dry food items packed for each of the 42 resident senior citizens and medicines for their clinic and lintels (16 kgs) and cooking oil 8 litres to the Center. The total cost of Rs.24,000/- was contributed by the 11 executive members of ABAN.

Cultural and Social Service Sub-committee chair Mrs. Padma Vaidya coordinated the support activities, while another executive

member Mr. Punya Prasad Paudel arranged supply of medicines. This sub-committee is one of eight sub committees (namely, Health & Medical, Educational, Program, Publications, membership, Networking and Fund Raising) plus an Advisory Council, who are actively engaged in fulfilling the objectives of ABAN.

The senior citizens, mostly ladies of 65 to 90 years of age, were very appreciative of the support, while Mr. Karuna Govinda Shrestha, Vice president and Mrs. Ratneswori Pradhan, Coordinator and joint secretary of the Center thanked ABAN and its members for the goodwill gesture extended and were hopeful of such support in the future as well. This was the second occasion ABAN has helped the Center, previously with the warm clothing (sweaters) back in 2007.

The Center, located at the bank of Bagmati river near Tinkune, was initiated in 1991, with foundation stone laid by former prime minister Mr. Krishna Prasad Bhattarai. The building was inaugurated after 4 years, on August 17, 1995 by the donor Mr. Udaya Lal Shrestha, who donated one million rupees for



past 2 decades in serving the helpless or abandoned aged people from different parts of the country. Presently, the Center is supported by over 400 life members contributing over Rs.5,000 each and other donors. New facilities added are morning yoga



Season's Greetings and
Happy New Year 2016

Garden fresh Poinsettia

Inside This Issue

- Page 2 An Invitation. Welcome to UK Ambassador
- Page 3 Fourth Executive Committee meeting minutes
- Page 3 New Members, Monthly Activity Plan for 2015

constructing the building.

The Center is operational for the



BRITAIN NEPAL 200

*Celebration of two centuries of
Britain Nepal bilateral relations*

The UK-Nepal relationship is a special, unique and historic one.

2016 will mark 200 years of friendship between our two countries. The Bicentenary is a great opportunity to celebrate our excellent and close relationship and our increasingly connected societies. It is estimated that the Nepalese community in the UK comprises of more than 100,000 people and around 40,000 Britons visit Nepal every year, attracted by its rich cultural heritage, beautiful mountains, incredible flora and diverse wildlife.

AN INVITATION

ABAN IPP Shankar Paudel was invited by the British Foreign and Commonwealth office in London to attend a reception ceremony on December 16, 2015 to celebrate the bicentenary of diplomatic relations between the United Kingdom and Nepal:

From: <Britain.Nepal200@fco.gov.uk>

Date: November 30, 2015 at 4:47:08 PM GMT+5:45

To: <sppaudel@gmail.com>



**A reception to celebrate the bicentenary of
diplomatic relations between the United Kingdom
and Nepal**

**HER MAJESTY'S GOVERNMENT of the United
Kingdom of Great Britain and Northern Ireland**
requests the honour of the company of

Mr. Paudel & Partner

at The Locarno Suite, Foreign and Commonwealth Office

King Charles Street, SW1A 2AH

**on Wednesday 16th December 2015 from 6.30pm until
8.30pm**

Dress: Lounge Suit
Main Entrance
King Charles Street
NO PARKING
AVAILABLE

Please RSVP, including
partners names, by **no later
than 7th December 2015 to:**
Britain.nepal200@fco.gov.uk

Mr. Paudel could not attend the reception for his own reason

Welcome to New British Ambassador



Richard Morris

British Ambassador to Nepal

His Excellency Richard Morris assumed the responsibility of the British Ambassador to Nepal recently.



Richard took up his role as Head of Pacific Department at the Foreign and Commonwealth Office in January 2013. Between 2008 and 2012 Richard was HM Consul General Sydney and Director General Trade and Investment (Australasia), before that Deputy Head of Mission and HM Consul General at the British Embassy in Mexico City (January 2005-June 2008).

Richard entered the Foreign and Commonwealth Office via open competition in 1990 and was Head of Assistance Group in Consular Directorate in the Foreign and Commonwealth Office (2001-2004). Working for the FCO, Richard has appeared in and on various media, including: CNN International, ITN International and BBC World.

Richard received a BA Hons in English Literature from Aberystwyth University; and has an MBA from Aston University. He undertook contract work for Touche Ross Management Consultancy as part of his MBA. He is a Fellow of the Chartered Institute of Marketing (FCIM) and of the Royal Society for Arts, Manufacture and Commerce.

He was born on 1 November 1967 in Worcestershire. He married Alison in 1992 and they have one daughter and two sons. He enjoys long-distance running, reading, travel, music and spending time with his family.

Association of British Alumni in Nepal has the honor to welcome him to Nepal and wish him all success.



The British Council is the United Kingdom's international organization for cultural relations and educational opportunities. A registered charity: 209131 (England and Wales) SC037733 (Scotland).

United Kingdom offers a world-class education, globally respected qualifications and outstanding career prospects.

Do you want to study at a UK university, college, boarding school or English language centre? The Council can help you find your dream course and plan your studies! We connect people with learning opportunities and creative ideas from the UK. Whether you want to learn or teach English, take an exam, study in the UK.

4rth Executive Meeting of ABAN on December 17, 2015



Readers, please Note

- Please attend monthly ABAN Talk program at British Council as per schedule
- Please invite potential new members to share their educational and professional experiences with ABANians. You can also make presentation on topical issue of common interest
- Enjoy fellowship & intellectual discourse.

Log on to www.aban.org.np

New Members Joining ABAN as Life Members in 2015

1. Dr. Nastu Prasad Sharma (ID491)
2. Miss Sanjivani Shrestha (ID492)
3. Mr. Punya Prasad Paudel (Ord. to life)
4. Mr. Govinda Neupane (ID 493)
5. Mr. Janak Sharma Paudel (ID 494)
6. Mr. Shakti Kumar Golyan (ID 495)

Life Member or any person can opt to become an **Honorary Members** of ABAN by contributing Rs. one lac to ABAN fund or such significant contribution

Membership Sub-Committee Chair:

Mr. Tulasi Prasad Upreti, Mobile: 9851035007
Email: t_uprety@yahoo.com

General Secretary

Mr. Uttam Pant, ULCI Dillibazar
Cell: 9851020918 uttampant@hotmail.com

Treasurer:

Mr. Hariom Dhoj Joshi, Cell 9851088446
9841214021 hariomdjoshi@gmail.com

ABAN President Mr. Maheswor Bhakta Shrestha called the fourth meeting of the 9th Executive Committee on December 17 in the presence of IPP Shanker Prasad Paudel, Vice President Mr. Tulasi Prasad Uprety, General Secretary Mr. Uttam Pant, Treasurer Mr. Hariom Dhoj Joshi and Members Mrs. Rupa Basnet, Mrs. Padma Vaidya, Mr. Madhav Prasad Bhatta and Mr. Punya Prasad Paudel:

Each ECN member will try to introduce eligible new members, Ordinary members will be converted into Life Members by collecting Rs.2,000/- each (Rs.1600 life membership fee plus Rs.400 contribution). Mr. Tulasi Uprety, Maheswor Shrestha and Hariom Dhoj Joshi will call ordinary members to become life members.

A new updated ABAN Membership Directory will be published soon with advertisement on the cover pages to cover the cost of the printing.

1. Treasurer's Report:

- a) *Audit Reports:* Mrs. Rupa Basnet handed over the Auditor's reports of FY 2069/70, 2070/71 and 2071/72 BS to Treasurer Mr. Hariom Dhoj Joshi. An updated statement of receipts and payments until Poush 2072 together with bank statement, cheque books etc. would be handed over in the next meeting.
- b) *Bank account signatories:* With the change of ABAN Executive Committee members, the meeting decided to change the signatories to operate the bank accounts in Nepal Bangladesh Bank, Mega Bank and NMB Bank as follows:
Either one among the President Maheswor B Shrestha or Vice President Mr. Tulasi P. Uprety plus either one among Treasurer Hariom D. Joshi or Asst. Treasurer Mrs. Shiba Devi Kafle will sign.
- c) *Receivables:* The latest balance sheet showed a Receivables of Rs.12,477/- . IPP Shankar P. Paudel was requested to expedite its collection and report for action in the next meeting.

3. *Service to Senior Citizens:* Coordinator of Social Service sub-committee Mrs. Padma Vaidya's proposed to help some 42 senior citizens housed at Nishahaya Sewa Sadan (Center for Service to the Helpless) at Baneshwor with food items and medicines was approved. A fund of Rs.24,000/- was raised instantly contributed members:

- Rs.3,000 each by Maheswor Shrestha, Shankar Paudel and Hariom Dhoj Joshi
- Rs.2,000 each by Tulasi Uprety, Uttam Pant, Rupa Basnet, Punya Paudel, Madhav Bhatta, Umesh B. Malla, Shiba Devi Kafle and
- Rs.1,000 by Mrs. Padma Vaidya.

4. *Updating of Statute:* Mrs. Rupa Basnet will update the ABAN Statute 2064 incorporating subsequent amendments for a fresh printing.

2. Membership:

- The meeting approved new Life Membership to:
- 1) Mr. Govinda Neupane (ID no. 493) introduced by Maheswor Shrestha,
 - 2) Mr. Janak Sharma Paudel (ID no. 494) introduced by Mr. Tulasi Uprety
 - 3) Mr. Shakti Kumar Golyan (ID no.495) introduced by Mr. Uttam Pant

5. *Website Updating:* General Secretary Mr. Uttam Pant will initiate updating ABAN website: www.aban.org.np with Newsletters published, ABAN Sub-Committee Plan, updated Membership Directory, profile of ABAN Executive members and other relevant information about ABAN.

ABAN Serves Senior Citizens of Nishahaya Sewa Sadan

Continued from page 1



ABANians pose with a resident Ms. Mithu Aryal (in blue cap), aged 90 years, who is the niece of late Mahakabi Laxmi Prasad Devkota



ABANians Punya Paudel, Tulasi Uprety, Shiba Kafle, Maheswor Shrestha, Hariom Dhoj Joshi, Padma Vaidya, Uttam Pant, Umesh Malla with Mr. Karuna Govinda Shrestha and Ms. Ratneswori Pradhan of the Center

ABAN Executive members present on the occasion expressed deep satisfaction on being able to help the senior citizens of the Center at a time when they needed the help most. Mr. Karuna Govinda Shrestha of the Center gave a tour of the new yoga, meditation and cultural facilities at the Center.

After the handover ceremony, ABAN Executive members sat together to discuss several issues relating to new membership registration, annual ABAN Picnic, talk program schedule for the coming months, website updating and group email address, revision of the Statute with amendments, printing of the Membership Directory in early 2016 and other issues.

ABAN president Maheswor B Shrestha thanked all the members present and other members who contributed for the success of this social service to the senior citizens. This attitude of voluntary contribution to fund the activities of ABAN was hailed as a very appreciable gesture and it will be extended beyond to the other life members of ABAN.



ABAN Calendar of Events 2015-2016

Month of 2015-16	Main Activities
April 11	Election of 9 th Executive Committee at the British Council
April 13	1 st Executive Committee Meeting (Introductory) at Dillibazar
August 21	2 nd ECM, Takeover and Formation of Sub-committees
August 29	Talk Program on Human Trafficking by Dr. Ruchira Gupta
September 11	Meeting with the British Council Director Dr. Jovan Ilic
September 22	3 rd ECM meeting. Presented Audit Reports for 2069-70 and 2070-71
September 24	Talk Program by Dr. Tsering on Support to Earthquake victims
December 17	4 th Executive Committee Meet at Dillibazar
December 26	Visit Old Age Home, offered food and medicine as requested
2016	5 th ECM meeting
January 17	Talk Program on Happy Living by Mr. Tulasi Prasad Uprety Publication of updated Membership Directory 2016
February 28	Talk Program on Nepalese Economy by Dr. Swornim Wagley ABAN Day Celebration and 6 th ECM meeting
2016 March	Talk Program, 7 th ECM meeting and ABAN Picnic

Note: Activities scheduled for October and November festive season could not be done due to fuel shortage affecting mobility after the border closing with India.

ABAN President

Maheswor Bhakta Shrestha
mahesworbs@gmail.com Cell 9851094345

Publication Coordinator

Punya Prasad Paudel
punya.paudel@gmail.com Cell 9841797451