

Talk on “Efforts to Help Earthquake Victims of Nepal” – Dr. Lama



Dr. Tshering Lama, graduated from Northumbria University, UK with B. Sc. (HONS) Health Development Studies, Masters of Public Health and Ph.D. in Telemedicine. In 2015 World Economic Forum awarded Dr. Lama as a Young Global Leader.

“Every child has a potential to shine; all depends on how we create enabling environment in unlocking the potentials” Dr. Tsheering Lama, Director of Childreach Nepal



Dr. Tshering Lama, Ph.D. from Northumbria University, UK is a Young

Economic Global Leader, and social entrepreneur promoting telemedicine in Rural Nepal among many other achievements. He addressed the ABAN audience on September 24 telling his own story of struggle for education and his efforts to help the earthquake victims, particularly the most

affected people of Sindhupalchowk district of Nepal.

A young village boy, Tshering, completed his schooling in Helambu and A level from Kathmandu, before he got an opportunity to study in UK University. He remembers how he was involved in starting adult education when he was in grade 5. Among many accomplishments he worked as a village worker involved in micro-finance activities to mobilise local resources. Upon return to Nepal after studying

abroad, Tshering helped set up an NGO Childreach Nepal in

collaboration with his University in UK. Childreach aims to unleash every child by giving an opportunity to get educated and pursue one’s dreams.

Dr. Tshering never believed on luck before the devastating earthquake of April 25, which happened in Saturday and saved thousands of students when their schools collapsed. He mobilized young volunteers to reach the affected villages and assure them help. It was a life changing experience for these volunteers, winning trust and love of the suffering villagers. They were emotionally charged to rebuild Nepal.



Inside This Issue

- Page 2 Dr. Jovan Ilic assures support to ABAN
- Page 3 Fourth meeting of 9th Executive Committee
- Page 3 New Members, Monthly Activity Plan for 2015

Continued from page 1



Childreach Nepal started building 100 Temporary Learning Centres (TLCs) in the affected villages. Nepalese youth have united to rebuild their villages like never before. Now the focus is on building semi- permanent schools, which also provides for health centre/ sanitation facilities and shelter for the affected families. The target is to build 100 TLCs within six months. Help from local suppliers and foreign donors are mobilized to achieve this target. "If we join hands together, great things can be done quickly" he said.

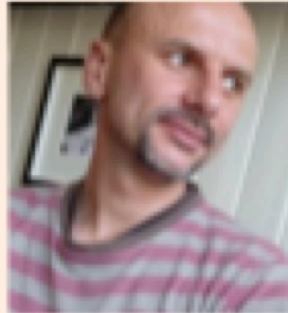
As a Young Economic Global Leader himself, Dr. Lama believes that every child has a potential to be a Young Global Leader. Education, health, gender equity, faith in oneself and passion for what one can achieve are some of the basic ingredients for success, he said.

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Dr Lama was awarded with the first ever Lord Glenamara International Scholarship. His work and education earned him International Student of the Year 2006 award in the UK. Northumbria University established 20 scholarships for Nepalese students under his name "Tshering Lama Northumbria University Scholarships" from 2006 to 2013.

Currently, Dr Lama is Country Director for Childreach Nepal - a local charity to help improve children's access to healthcare, education and child rights protection. Since its establishment the charity has reached out to over 213,000 children in Nepal. After the April 25 earthquake, Dr. Tshering Lama has been leading the way in the Sindhupalchowk district to ensure that children can return to education.



Dr. Jovan Ilic, British Council Country Director assured support to ABAN



ABAN president Mr. Maheswor Bhakta Shrestha, vice president Mr. Tulasi Prasad Uprety and General Secretary Mr. Uttam Prasad Pant



paid a courtesy call to British Council Country Director Dr. Jovan Ilic at his office on September 11, 2015.

ABAN president introduced the new ABAN team of 9th Executive Committee, and offered ABAN batch, Magazine 2015 and monthly Newsletters 1 to 3 issues until September 2015 covering the first talk program on August 29 by Prof. Dr. Ruchira on girl trafficking from Nepal and thanked BC officials Suchitra and Dibya for coordinating the talk program in the British Council hall.

ABAN team also briefed about upcoming publications: monthly newsletters, Membership Directory 2015 (to update previous ones published in 2005 and 2010), annual magazine and other publications in order to enhance the membership drive and the image of ABAN.

Dr. Ilic assured his full support for such ABAN activities and publications in the interest of the British Alumni in Nepal, and suggested membership directory to include their current status. He asked if ABAN could involve, in some way, Nepalese residing in UK (including Gurkhas). He also informed about the week-long celebration of Britain-Nepal 200 years in March 2016 when the British royalty is scheduled to visit Nepal.

It was mutually resolved to work more closely together for the interest of British Alumni with different socio-cultural activities as well to help enroll more British Alumni to join ABAN.



Maheswor B. Shrestha, Dr. Jovan Ilic, Tulasi P. Uprety and Uttam Pant



Association of British Alumni in Nepal (ABAN) was registered on February 4, 1998 as a non-government organization to strengthen educational, cultural and other relations between Nepal and Britain as also to look after the professional interest of the British Alumni in Nepal.

Third Executive Meeting of ABAN on September 22

The ninth Executive Committee of ABAN met third time on September 22 to discuss committee programs for the coming year, review financial status and ways to increase membership of the Association. The meeting was attended by:

1. Mr. Maheswor Bhakta Shrestha, President
2. Mr. Shankar Prasad Paudel, IPP
3. Mr. Tulasi Prasad Uprety, Vice President
4. Mr. Uttam Pant, General Secretary
5. Mr. Madhav Prasad Bhatta, Member
6. Mr. Punya Prasad Paudel, Member
7. Ms. Padma Vaidya, Member
8. Ms. Rupa Basnet Prasai, Member
9. Mr. Umesh Bahadur Mall, Member
- 10 Mrs. Shiba Devi Kafle, Member

Executive member Mrs. Rupa Basnet informed that final accounts of FY 2069-70 and 2070-71 are signed and draft final accounts of 2071-72 was presented as prepared by the auditors. The accounts required more clarification from the auditors and it would be finalized in the next executive meeting.

President Maheswor briefed the executive members about the courtesy meeting with the Country Director of the British Council Dr. Jovan Ilic on September 11, 2015, where he assured full cooperation and support for ABAN activities. Dr. Ilic also informed about the upcoming week-long visit of British Royalty to Nepal in March 2016 to celebrate 200 years of Britain-Nepal relations.

Cultural and Social Committee Coordinator Ms. Padma Vaidya proposed a family dinner on Friday

ABAN President

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October 30, a visit to Old Age Home in November to gift warm clothes and proposed picnic in December. The meeting approved October and November programs.

The meeting approved three new members to join ABAN:

- 1) Dr. Nastu Prasad Sharma, Master in Public Health from University of Leeds (ID 491) introduced by Mr. Maheswor
- 2) Miss Sanjivani Shrestha, BA in Eco Tourism from University of West London (ID 492) introduced by Mrs. Padma Vaidya and
- 3) Mr. Punya Prasad Paudel (ID 116) upgrade from Ordinary to Life Member.

The meeting decided to appoint Mr. Bidur Prasad Dhungana as Legal Advisor of ABAN on honorary basis on the proposal of General Secretary Mr. Uttam Pant.

Miss Sanjivani will be attached to Culture & Social Committee as proposed by Mrs. Padma Vaidya.



Readers, please Note

- Please attend monthly ABAN Talk program at British Council
- Please invite potential new members to share their educational and professional experiences with ABANians
- Enjoy fellowship and intellectual discourse.

New Members Joining ABAN as Life Members in 2015

1. Dr. Nastu Prasad Sharma (ID491)
2. Miss Sanjivani Shrestha (ID492)
3. Mr. Punya Prasad Paudel (O to life)

Membership Committee Chair:

Mr. Tulasi Prasad Upreti, Mobile: 9851035007 Email: t_uprety@yahoo.com



ABAN Calendar of Events 2015-2016

Month of 2015	Main Activities
April 11	Election of 9 th Executive Committee.
April 13	1 st ECM Strategy Meeting
August 21	2 nd ECM Meeting, Formation of Committees
August 29	Talk Program on Human Trafficking by Dr. Ruchira Gupta
September 11	Meeting with the British Council Director Dr. Jovan Ilic
September 22	ECM 3 rd meeting. Audit Reports for 2069-70 and 2070-71
September 24	Talk Program by Dr. Tsering on Support to Earthquake victims
September 26	University of Leeds Alumni program participation
October	Talk Program on Experiences of British Education by Ms. Laxmi Rajak.
October 30	ECM meeting. Advisory Council Meeting on Strategic Plan Cultural Evening Get together and Nepali dinner
November	Talk Program on Mr. Harward Green of Pahar Trust on school building in Nepal. Visit Old Age Home to offer warm clothes
November 27	Executive Committee Meeting (5th)
December	Talk Program by Dr. Swornim Wagley, Honorable Member of National Planning Commission on Nepalese Economy
December 25	Publication of Membership Directory 2016 ECM meeting

ABANians in Rescue and Relief of Earthquake Victims of Nepal



Immediate Past President of ABAN Mr. Shanker Paudel, Principal of CVM (Charkhandi Vidya Mandir) Educational

Foundation, Gathghar Bhaktapur Nepal reported Support to Earthquake Victims of Nepal:

CVM secondary school provided shelter for over 300 local people after April 25 and May 12 deadly earthquakes. All the facilities of the newly equipped kinder section were spared for elderly and children seeking rescue after the earthquake.

CVM former students collected funds and relief materials along with medicine; and medical doctors were taken to the affected people in Dolakha district. The school team also visited Dalit village in Changu Narayan area of Bhaktapur district, which was completely damaged by the earthquake. The medical team also distributed relief materials there.



Another ABANian Mr. Mahendra Khanal, General Secretary (2013-15), initiated an immediate relief to the earthquake

victims of Kalika Higher Secondary School of Nagarkot village, Bhaktapur district.

The relief program on May 11, 2015 included food distribution to 50 families, medical services to 150 persons with free medicines, food grains, blankets and other relief material. The students of Kalika School were given school uniform, bags and books as well.



Houses damaged by the earthquake in Nagarkot village of Bhaktapur district

